

University of the Pacific Arthur A. Dugoni School of Dentistry
123rd Annual Alumni Meeting – 2022 Alumni Weekend
The Fairmont Hotel, San Francisco

Jose-Luis Ruiz, DDS

Subject Area: Materials

Friday, March 4, 2022
9:00 am – 12:00 pm – 3 units

Title:

“Supra-gingival Dentistry: A Healthier Approach to Restorative and Esthetic Dentistry”

Course Description:

This course is targeted to the practicing clinician who is interested in providing their patients with the healthiest, high quality, evidence-based adhesive dentistry techniques specially designed to be minimally invasive and keep restorative margins above the gum: Supra-gingival dentistry. These techniques can be applied to anterior, posterior, direct and indirect restorative and esthetic dentistry.

Objectives:

- 1) Demonstrate how these restorations are healthier for patients and more predictable and enjoyable for the dentist.
- 2) Learn the new paradigm of simple, predictable supra-gingival tooth preparation techniques.
- 3) Learn predictable technique suitable for the new materials of adhesive dentistry, which make placing composite predictable, time-efficient, and less technique-sensitive.
- 4) Learn proper diagnosis, which dictates proper tooth preparation and restorative material selection.
- 5) Recognize easy, predictable techniques and materials for impression and temporization.
- 6) Learn which porcelains to use for long term success.
- 7) Learn which bonding systems to use for best results, low sensitivity, and longevity.

Friday, March 4, 2022
2:00 – 5:00 pm – 3 units

Title:

“Implementing Occlusion into Everyday Dentistry Using the Occlusal Disease Management System”

Course Description:

Occlusal problems are the primary reasons for restorative failures, post-operative sensitivity as well as clinicians reluctance to accept more esthetic and rehabilitation cases. Good knowledge of occlusal principles as well as implementing an occlusal protocol, will ensure a dental career full of satisfaction and success and greater confidence to offer more restorative and esthetic procedures.

Objectives:

- 1) Why it is so important to manage occlusal disease, if we want our patients to keep their teeth for a life-time and our dentistry to last.
- 2) How to implement occlusal diagnosis & treatment into a normal dental practice.
- 3) The 7 signs & symptoms of occlusal disease.
- 4) When to use a semi-adjustable articulator and why it has great importance.
- 5) When to use a CR bite and practical techniques to take a CR bite.
- 6) A simple, practical and minimally-invasive system for occlusal equilibration.
- 7) How to educate patients about occlusal disease, for excellent treatment acceptance.
- 8) How to make occlusal treatment a profit center for a highly ethical practice.

Short Bio:

Dr. Ruiz is Founder of the “Supra-gingival Minimally Invasive Dentistry” movement, as well as the Los Angeles Institute of Clinical Dentistry. Former Course Director of the “University of Southern California’s Esthetic Dentistry Continuum”, Associate Instructor at Dr. Gordon Christensen PCC in Utah, & independent evaluator for CR. Author of “Supra-gingival Minimally Invasive Dentistry...” with Dr. Ray Bertolotti, published by Wiley, as well as author of many research and clinical articles. He has been named as one of the “Top Clinicians in CE from 2006-Present” by Dentistry Today. Also in private practice in the Studio District of Los Angeles.

<https://www.ruizdentalseminars.com>