University of the Pacific Arthur A. Dugoni School of Dentistry 123rd Annual Alumni Meeting – 2022 Alumni Weekend The Fairmont Hotel, San Francisco

Thomas A. Viola, RPh, CCP Saturday, March 5, 2022 9:00 am – 12:00 pm – 3 units

Subject Area: Local Anesthetics - Pain Management

Title:

"I Haven't Got Time For This Pain"

Course Description:

Management of acute odontogenic pain is accomplished through a clinical approach that successfully incorporates intraoperative local anesthesia and a postoperative regimen of nonopioid and opioid analgesics. However, improper and inappropriate use of both local anesthetic agents and analgesics have the potential to produce adverse outcomes for our patients. Thus, it is critical for clinicians to accurately evaluate the need for pain control, identify associated risks, and assess the efficacy of the agents to be administered This program will provide participants with an overview of the pharmacology and therapeutics of local anesthetic agents and analgesics. Special emphasis will be given to effective perioperative pain management and best practices for prescribing analgesics for postoperative pain control.

Objectives:

- 1) Discuss local anesthetic agents with respect to their mechanisms of action, adverse effects, contraindications and clinical considerations.
- 2) Explain the rationale for the use of vasoconstrictors and potential adverse effects.
- Describe the pharmacology and mechanism of action of analgesics used in the management of acute dental pain, including situations which may preclude their use.
- 4) Discuss best practices for prescribing analgesics, as well as proper storage and disposal of unused dosages.
- 5) Describe techniques useful in recognizing and identifying potential opioid addiction and current protocols for its treatment.

Short Bio:

Thomas Viola, the founder of "Pharmacology Declassified", is a board-certified pharmacist who also serves the professions of dentistry as a clinical educator, professional speaker and published author. Tom is a member of the faculty of ten dental professional degree programs and has received several awards for outstanding teacher of the year. Tom has presented hundreds of continuing education courses to dental professionals, nationally and internationally, in the areas of oral pharmacology and local anesthesia and is well known for his regular contributions to several dental professional journals. Through his informative, humorous and engaging live seminars and webinars, Tom has earned his reputation as the go-to specialist for making pharmacology practical and useful for all members of the dental team.